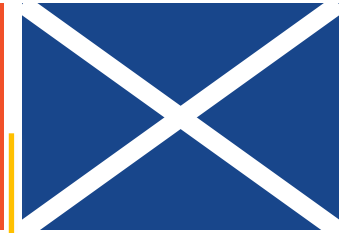


# Sandon Voice

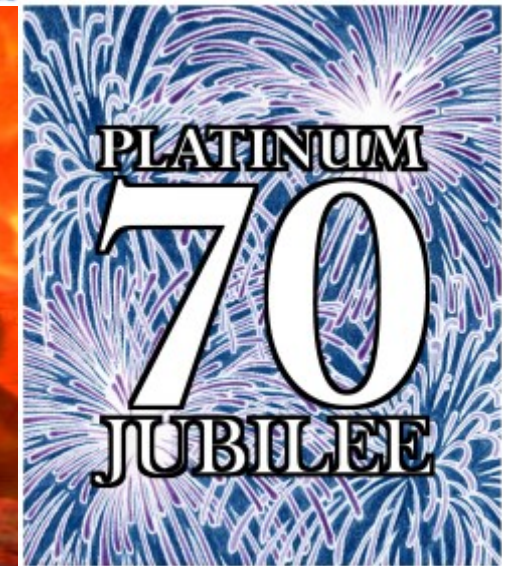


Quarterly from St Andrew's 50p for non residents

June 2022



*Come Holy Spirit,  
ignite in us  
your Holy Fire  
strengthen our Faith,  
increase in us  
your Gift of Love,  
and revive  
your Church  
to live out  
your message  
of Love and Hope.*



## Peter and Evelyn



With part of a donation from the Ellis family, a decision was taken to install a plaque in the hall to commemorate both Peter and Evelyn's commitment over half a century to the hall.

*Gill Haddington*



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## Farming Today

The first of this season's lambs have now been sold at 12 weeks old. Shearing of the 450 ewes and 34 rams will take place by the end of the month (May). Contract shearers have been engaged on an annual basis for this task.

The first cut of haylage has been made and a good rain would help to encourage the growth of the grass.

The problems in Ukraine are having a knock-on effect with oil,

fertilisers and animal feed products.

The combine has just returned from the local agriculturists, having had a full service under contract and other farm machinery maintenance is being carried out in the farm workshop.

Three students from Harper Adams University have been engaged for harvest and autumn cultivations, two being Kenyan.

*Gillian and Bernard*



Sandon from a few years back with a view of the cultivation equipment of the day.



## Rector's Letter

By the time you read this letter we will be enjoying the Queen's Platinum Jubilee.

In the Old Testament, a jubilee was marked every seven years. Initially jubilees simply provided a practical structure for land management, as every seventh year land was left to lie fallow. Over time though, jubilees took on a greater significance, with the belief that the jubilee year was a special one when God would be particularly bountiful. Jesus described himself as having come to "preach the year of the Lord's favour" (Isaiah 61:1-2) in jubilee year.

Queen Elizabeth II, the longest reigning monarch in British history, credits her Christian faith as the steady anchor amidst life's trials and triumphs. Queen Elizabeth II intrigues millions around the world with her royal heritage, inspirational character, and profound faith, especially as depicted in award-winning films such as *The Queen* and the wildly popular Netflix series *The Crown*. With a reign that bridges the twentieth and twenty-first centuries, Queen Elizabeth has become the definition of stability, faithfulness, and dignity. Fearlessly, she led her country into the modern age with a

balance of historical tradition and entrepreneurial initiative, public service and private devotion.

With seven decades on the throne, the Queen has faced many personal and public storms: an early and surprising ascension to the throne, the dissolution of the British Empire, political upheavals, international crises, national tragedies, family deaths, and the tabloid travails of her children and grandchildren. But throughout all her trials and triumphs, Her Majesty credits her personal faith in Jesus Christ as the steady anchor to her life and reign.

I want to turn to her faith. For the Queen is a Servant of the People. And she is someone who, as a person, and in her role, understands that what flows through the monarchy and to the people, ultimately comes from God. In her Christmas broadcast of 2012 she said, "This is the time of year when we remember that God sent his only Son 'to serve, not to be served'. He restored love and service to the centre of our lives in the person of Jesus Christ. It is my prayer this Christmas Day that his example and teaching will continued to bring people together to give the

best of themselves in the service of others."

In 1986, her Christmas message reminded us that Jesus' life began in humble surroundings, and that 'you don't have to be rich or powerful in order to change things for the better, and each of us can make our own contribution'. In the year 2000 she simply remarked that, "Many will have been inspired by Jesus' simple but powerful teaching: love God and love thy neighbour as yourself – treat others as you would like them to treat you. Jesus' great emphasis was to give spirituality a practical purpose..." The Queen went on to say, "this provides a framework in which I try to lead my life".

For the past 17 years, her messages have taken on a different tone, with the Queen explaining her own personal faith – "the anchor in my life", as she described it in 2014. She has said, "Billions of people now follow Christ's teaching and find in him the guiding light for their lives. I am one of them because Christ's example helps me see the value of doing small things with great love, whoever does them and whatever they themselves believe." Much of the fabric of society has been built on Christian principles.

Down the centuries Christianity has not lost its influence. Attitudes have changed and diversified. But the religious instinct and religious principles remain clear and influential. Above all, the will to serve remains a powerful force, and this is modelled supremely by Queen Elizabeth II. As we remember her accession seventy years ago, we give thanks for the service of our Queen and her faithful Christian witness amongst us and wish Her Majesty God's blessing.

I do hope you will be able to celebrate the Queen's Jubilee by attending some of our events in Sandon. One of the special events will be Tea on the Green on Friday 3<sup>rd</sup> June at 3 pm followed by Songs of Praise when the Salvation Army will lead us in singing, "I vow to thee my Country" and "Jerusalem" to name just two hymns. Please see the complete timetable of events elsewhere in this magazine.

Terry



## Sandon's Queen's Platinum Jubilee Celebrations

### Thursday 2<sup>nd</sup> June

Morning – PIK IT UP -Sandon litter pick We would like to see everyone out picking up any litter in their area to make sure the Parish is looking its best.

*PLEASE ensure you wear a high-visibility jacket and keep very safe.*

Litter Picking items will be available in the morning to borrow, kindly lent by Love your Chelmsford Team, at Village Greens at Sandon, Butts Green and Howe Green. Please return once finished.

**10:30 to noon** – Children's Party in St Andrew's Churchyard Complete with entertainer and refreshments Non Stop Kids Entertainment which includes Award Winning Comedy Magic Show, Mini Disco and Disco Lights, High Energy Party Games, Prizes and sweets. Adults to attend with children. Please book your free place via email to: [tgabrown@hotmail.com](mailto:tgabrown@hotmail.com)

**12:30 for 1** Howe Green Garden Party for Howe Green and Butts Green residents only. Tickets needed.

### Friday 3<sup>rd</sup> June

**11.00 am** – Church Bells will ring to mark the time the Queen will



enter into St. Paul's Cathedral for her Thanksgiving Service.

**3 pm** Tea on the Green. Tea and cake offered. Bring your fold up chair.

**4 pm** Songs of Praise with Salvation Army Band. The Dean of Chelmsford The Very Revd Nicholas Henshall will address us.

### Saturday 4<sup>th</sup> June

**12 to 3:30 pm** Church Fete in Churchyard Grand Draw, Dog show BBQ , cake stall, Tombola, and much more

**12:30 pm** Morris Dancing outside the Crown pub.

### Sunday 5<sup>th</sup> June

**10:00 am** – Church Service at St Andrews – Scouts will be renewing their vows to the Queen followed by refreshments.

**3 pm** – Church Bells will be rung to mark the Celebration.

## 1<sup>st</sup> Sandon Scout Report

All sections have been busy with badge work and having fun whilst learning skills for life.

September last year we had our first AGM since lockdown at Riffhams Camp site. The young people had great fun toasting marshmallows over the campfire. All sections have invested new members into the Group. I have had the pleasure of presenting Edward with an award 'Chief Scouts Commendation for Good Services'. Well done and many congratulations Ed.

The Summer term started after Easter and the young people have had fun-packed meetings from making ice cream to model building in Games Workshop and internet safety.

We are looking forward to our Group camp in July to be held at Skreens Park in Roxwell. This is the first one for two years, and as a theme we will be celebrating the Queens Jubilee. Our AGM will be held in July.

The group are looking for leaders/helpers, if anyone feels they could give time on a Thursday evening to assist in the Beaver or Cub Sections please contact me by email [1tsandongsl@gmail.com](mailto:1tsandongsl@gmail.com)

*Jean Blake*  
*Group Scout Leader*

## Quiet Day

### Sat 11<sup>th</sup> June 10:00 - 16:00

The Othona Community, East End Road, Bradwell-on-Sea, Essex, CM0 7PN

Revd John Dickens, formerly minister at St Mary's, Maldon, has agreed to lead the day. John is planning the day around the credal statement, "We believe in one holy catholic and apostolic church."

The cost will be about £20 per head.

Please consider bringing a Bible with you.

To make a booking please email Richard Cecil at [othona@compasschurches.org.uk](mailto:othona@compasschurches.org.uk)

## Butts Green Garden Centre & Café

Mayes Lane  
CM2 7RW

Gifts - Plants - Food  
Open 9:30 am till 5:00 pm  
Tel: 01245 223524  
for reservations

## Bell Restoration Appeal 2021

One year after launching the appeal, the bell restoration is complete and the bells were rung for the first time for the service on Easter Sunday. All the moving parts have been replaced or restored so the bells handle really well and, having been tuned for the first time as a peal, the sound quality is much improved. A legacy from Dennis Terry funded new bell ropes and we were pleased to be able to fit these as part of the restoration – they look great in the ringing room!

The project has come in just under the £45,000 budget and all the funding has been raised to cover this so there has been no requirement to use church funds. In addition to funding given by individuals and local companies, we gratefully acknowledge funding and grants totalling £19,202 from the Friends of Sandon Church, Allchurches Trust, Barron Bell Trust, Essex Association of Change Ringers, The Leche Trust, The Sharpe Trust, Vodafone Foundation and the Walter Farthing Trust.

We have had fantastic support (over 500 hours) from volunteers in the community to transport the bells between Sandon, Newmarket and Bridport (Brian Wood, Keith Boyles, Neil Arnold)

and help the bellhanger in the tower (Gordon Williamson, Keith Dobson, Ken Wedon). The financial saving achieved because of this voluntary effort has enabled us to cover the unplanned £6,000 cost of welding two additional bells and repairing the holes made in the tower roof by the lifting beams, all within the original budget.

Many people have contributed in many ways to the success of the restoration - there are too many to name here individually but thank you all. In my article 'Ding, Dong, Gone?' in the March edition of Sandon Voice last year I wrote, 'The success of this project will depend very much on the level of enthusiasm and engagement within the village and wider community. It will be about raising money but it will also be about community participation and involvement.' I think we can happily say we ticked that box!

The tower will be open during the Church Fête from 12 – 3:30 pm on Saturday 4<sup>th</sup> June so please come up and see the work that has been done.

*Mike Worboys*  
01245 224612

[mike.r.worboys@gmail.com](mailto:mike.r.worboys@gmail.com)



The crack in the fifth bell, ground out and ready for welding



Brian Wood, collecting the bells from Bridport



The restored bell frame, ready and waiting!



Back in the belfry and ready for fitting



The fifth and third bells after welding



Back in the churchyard



Raising the tenor – tuning work visible on the inside and outside

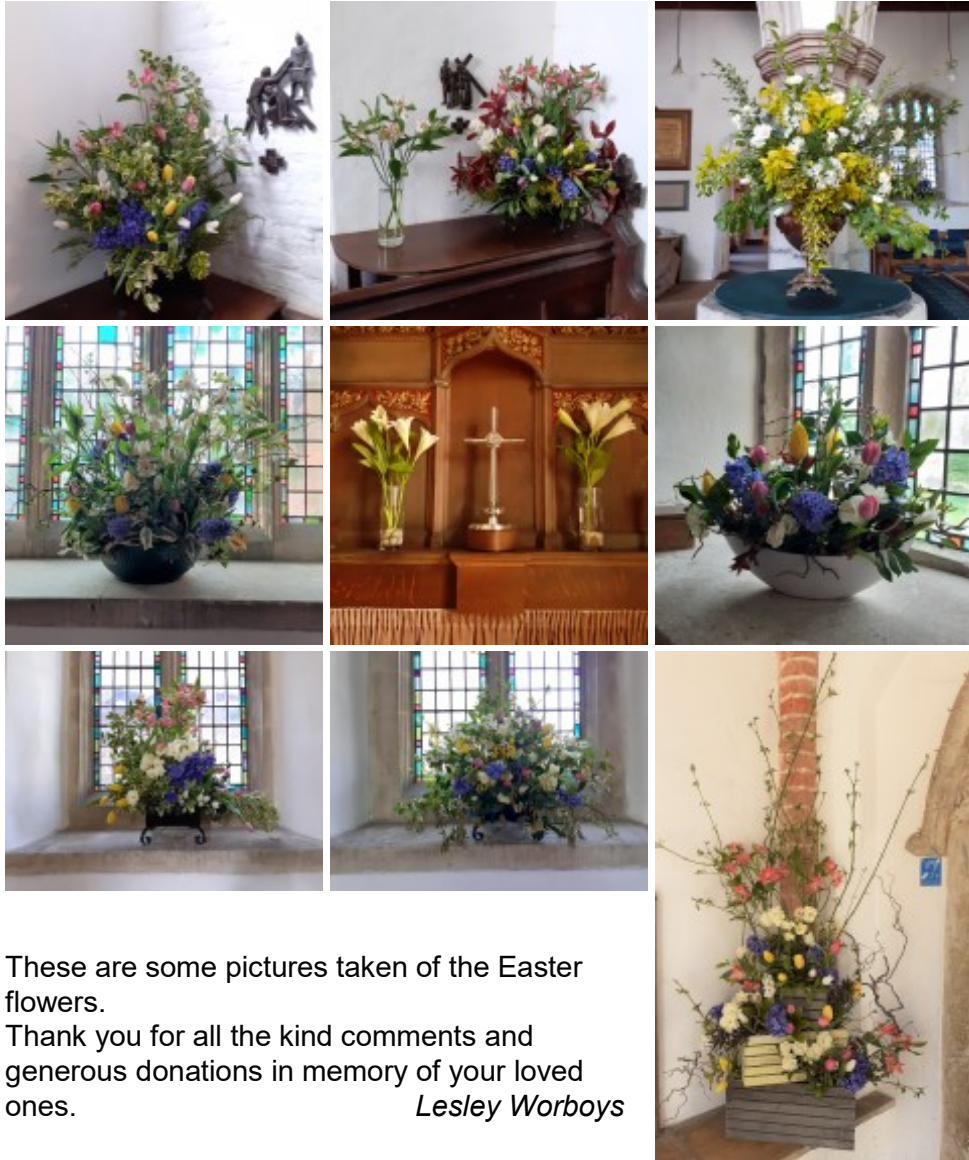


Ropes attached and ready to ring!



## Easter Flower Article

The flower team are using more environmentally sustainable practices when arranging flowers at St Andrew's. For Easter this year, we used mostly British flowers grown in Norfolk and Lincolnshire, reducing our carbon footprint. We no longer use floral foam, a single use plastic, to create our arrangements.



These are some pictures taken of the Easter flowers.

Thank you for all the kind comments and generous donations in memory of your loved ones.

*Lesley Worboys*

## In Honour of Bill Spokeshave.

Who on earth is Bill Spokeshave\*?

Bill Spokeshave is a corruption of the name accorded by a group of disrespectful schoolboys (of which I was one) to perhaps England's finest poet and author of all time. He is celebrated and revered worldwide: his works have also inspired several of the world's most famous and popular operas. He is, of course William Shakespeare; 'The Bard of Avon'. Recently and just by chance, I was quite surprised to find just how much, William Shakespeare's words and phrases have entered our common parlance.

Here are twenty-five of Shakespeare's phrases which are still in common use; for which, I suspect, relatively few of us recognise their origin. It may surprise some readers that they regularly quote Shakespeare without actually realising it.

We have seen better days.

Cruel to be kind.

He hath eaten me out of house and home.

The be-all and the end-all.

Foregone conclusion.

The world is my oyster: (or according to Arthur Daly "your lobster").

Puking.

Vanish into thin air.

There's a method to my madness.

Wild-geese chase.

The green eyed-monster.

Break the ice.

Wear my heart upon my sleeve.

Swagger.

This above all: to thine own self be true.



Cowards die many times before their deaths; the valiant never taste of death but once.

Men at some time are masters of their fates.

All the world's a stage.

In a pickle.

Love is blind.

Bedazzled.

Cold-blooded.

What's in a name? That which we call a rose by any other name, would smell as sweet.

Catch a cold.

It's all Greek to me.

*Bernard White*

*\* If I had headed this piece William Shakespeare instead of Bill Spokeshave, would you have bothered to read any further?*

## Citizen Science

Churches and cathedrals across the country are preparing for mass 'citizen science' biodiversity events of the annual Churches Count on Nature event.

The 'citizen science' event - set to run between 4-12th June - will welcome people to churchyards and encourage them to record what animals and plants they see. That data will then be collated on the biological records hub, the National Biodiversity Network.

Last year more than 540 activities and events were organised by churches across the country.

People submitted 17,232 recorded pieces of data on wildlife they saw, with more than 1,500 species

recorded. This year's event will take place during the same week as Love Your Burial Ground Week (4-12th June).

Graham Usher, the Bishop of Norwich and lead Church of England bishop for the environment, encouraged churches to start preparing. He said: "I'm encouraging every parish to get involved with this year's Churches Count on Nature. "Churchyards and gardens are an incredible home of biodiversity, making up thousands of acres of



green oases in every community of the country. Last year, hundreds of parishes got their local community searching for insects and plants in their open spaces.

"Here at Bishop's House Garden in Norwich we've partnered with Norfolk Wildlife Trust to carry out an audit of the wildlife currently present, to improve habitats and increase our biodiversity.

"We had a 'bioblitz' day with loads of enthusiastic children noticing and wondering about the different

species of plants and creatures. Jesus noticed nature and so must we. The Gospels are full of stories of the growth of seeds, the choking of thistles, the

beauty of lilies and the fruitfulness of trees. We have the privilege and responsibility to care for the earth and to tread gently on it.

"This is a great outreach programme, and it also helps those working on the environment better understand our natural world. The Church is committed to increasing biodiversity and is currently working to reduce our carbon footprint to net zero by 2030.

"The Churches Count on Nature is a great opportunity to help

people understand their local environment and that biodiversity is essential for the processes that support all life on earth, including humans." Last year, many parishes used Churches Count on Nature as an opportunity to reach out to its local community.

St Laurence's Stretton, for example, encouraged both usual congregants and passers-by to "brush up their plant ID skills." Isabel Carter, of the parish, explained: "A week later there was a Messy Church Outdoors session after school. We had over 20 children and adults using an ID sheet produced by Churches Count on Nature.

The youngsters were very enthusiastic in seeking and identifying flowers."

Churches Count on Nature is jointly run by the conservation charities A Rocha UK, Caring for God's Acre together with the Church of England and the Church in Wales.

Andy Lester, from A Rocha UK, said "Churches Count on Nature is a unique opportunity for those who love their churchyards and church spaces to take part in the largest ever nature count.

"With nature still in decline nationwide this count will provide valuable data on what is happening to wildlife.

"In turn that will help us to

collectively work to take targeted action for nature's recovery."

Harriet Carty, Director of Caring for God's Acre, said: "We are excited to be part of organising Churches Count on Nature again. "Last year an amazing 540 groups organised events during Love Your Burial Ground Week resulting in over 1700 new wildlife records. More than 4,000 people got involved.

"Through initiatives such as this we are gaining more insight into the importance of churchyards and other burial grounds as refuges for nature. With over 20,000 across England and Wales these special places have never been such crucial havens for wildlife."

The Bishop of St Davids, Joanna Penberthy, said: "As the Church in Wales works towards its net zero target, Churches Count on Nature is an easy and fun activity for people of all ages to take part in.

"It's a chance to learn about and appreciate the precious world literally on our doorstep and realise our responsibility to nurture and protect it.

"I hope all our churches with burial grounds will register and take part this year and record what treasures of the natural world they observe.

"Spot the amazing, discover the rare and enjoy recording all the plants and animals that you find."

## Get out of the way!

[Jesus] said to them, 'Why are you thinking these things? Which is easier to say to this paralysed man, "Your sins are forgiven," or to say, "Get up, take your mat and walk"? But I want you to know that the Son of Man has authority on earth to forgive sins.' So he said to the man, 'I tell you, get up, take your mat and go home.' He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, 'We have never seen anything like this!' Mark 2:8b-12(NIV)

People got in the way of the man on the mat so that he couldn't get to Jesus. Nobody said, 'He needs Jesus more than I do - I'll give up my place in the room so that he can get through.' Nobody offered to pass the mat over the heads of the crowd. It was left to the dogged determination of his friends and their roof-dismantling abilities to get their friend to where he needed to be. Once he was in contact with Jesus, he received healing inside and out and became a new source of amazement and reason for praising God. Until then, he'd been considered merely a nuisance.

We sometimes need to make sacrifices to enable other people to come closer to Jesus. The people in this crowd had every spiritual justification for wanting to be as close to Jesus as possible, but they prevented someone more needy from reaching him. For us, we might be holding on to something equally justifiable and spiritual: a style of singing or praying; a need for silence or for volume; the timing of a service; a style of service that requires a particular leader to be present, taking them away from others. It's worth examining whether any of these might be preventing someone else approaching Jesus and, if so, whether we are prepared to give it up gracefully, believing that seeing God at work in the life of another may make it all worth it.

*Ask your church leader if they think there is any way in which you could be helping someone else come closer to Jesus.*

*Lucy Moore  
in New Daylight on 12<sup>th</sup> May 2022*

## Open Tower & Summer Fayre

Danbury Parish Church  
Saturday 25<sup>th</sup> June 11:00 to 15:00

Come and enjoy a relaxing day Summer Fayre

Entry Free

Refreshments Available.

Open Tower

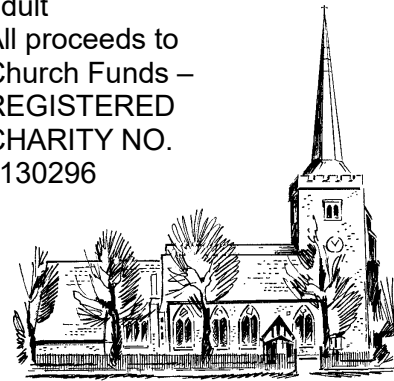
See Essex from the Church Tower.

Adults £2.50 each

Children £1.00 each

Children must be 12 or older and accompanied by a responsible adult

All proceeds to Church Funds – REGISTERED CHARITY NO. 1130296



## Church BBQ Party

Friday 15<sup>h</sup> July 19:00 to 21:30

Adults £7:50 each

Children £4.00 each

Meat, burgers, sausages, bread, and soft drinks will be provided. Please bring salads/desserts to share.

Tickets from Alison

07968796805,  
alisonjcooper@aol.com

## Lunchtime Concerts in Danbury Church Fridays - 12.15pm to 1pm

3<sup>rd</sup> June *Pomp and Circumstance*. Paul Hagger with a programme of organ music from the Coronation Service of Her Majesty.

8<sup>th</sup> July Vicki Swan and Jonny Dyer – two of the most versatile musicians around.

12<sup>th</sup> August We hope to welcome back David Burgoyne for another solo piano jazz session

Come along a little earlier for a sandwich lunch, available from 11.45am (there will be some cake available), or you are welcome to bring your own lunch, which you may eat during the performance. Entry is free.

## Danbury & Villages Rotary

Our lunch in aid of Ukraine raised £1100, almost double our expectations. Members and guests enjoyed a day out, visiting St Katherine's Dock and the Tower of London. We always welcome new members. Email us [info@danburyandvillagesrotary.co.uk](mailto:info@danburyandvillagesrotary.co.uk). We have 25 members of whom 10 are ladies. *Eric Cater*



## Church Services

## St. Andrew's, Sandon

Services currently planned online via Zoom are shown in italics.

Others which will not be in the Church are shown in bold.

### June

Wednesday 1 <sup>st</sup>	8:30 pm	<i>Night Prayer</i>
Thursday 2 <sup>nd</sup>	8:30 am	<i>Compass Group Morning Prayer</i>
Friday 3 <sup>rd</sup>	3:00 pm	<b>Tea on the Green</b>
	4:00 pm	<b>Songs of Praise</b>
Sunday 5 <sup>th</sup>		<b>Pentecost</b>
	10:00 am	Sung Eucharist
Tuesday 7 <sup>th</sup>	9:30 am	Communion
Wednesday 8 <sup>th</sup>	8:30 pm	<i>Night Prayer</i>
Thursday 9 <sup>th</sup>	8:30 am	<i>Compass Group Morning Prayer</i>
Sunday 12 <sup>th</sup>		<b>Trinity Sunday</b>
	8:00 am	Communion
	10:00 am	Family Service
Tuesday 14 <sup>th</sup>	9:30 am	Communion
Wednesday 15 <sup>th</sup>	8:30 pm	<i>Night Prayer</i>
Thursday 16 <sup>th</sup>	8:30 am	<i>Compass Group Morning Prayer</i>
Sunday 19 <sup>th</sup>		<b>Trinity 1</b>
	10:00 am	Sung Eucharist
	3:00 pm	<b>Worship at Howe Green URC</b>
Tuesday 21 <sup>st</sup>	9:30 am	Communion
Wednesday 22 <sup>nd</sup>	8:30 pm	<i>Night Prayer</i>
Thursday 23 <sup>rd</sup>	8:30 am	<i>Compass Group Morning Prayer</i>
Saturday 25 <sup>th</sup>	3:00 pm	Strawberry Tea at Howe Green Chapel
Sunday 26 <sup>th</sup>		<b>Trinity 2</b>
	10:00 am	Morning Worship
Tuesday 28 <sup>th</sup>	9:30 am	Communion
Wednesday 29 <sup>th</sup>	8:30 pm	<i>Night Prayer</i>
Thursday 30 <sup>th</sup>	8:30 am	<i>Compass Group Morning Prayer</i>
		<b>July</b>
Sunday 3 <sup>rd</sup>		<b>St Thomas</b>
	10:00 am	Sung Eucharist
Tuesday 5 <sup>th</sup>	9:30 am	Communion
Wednesday 6 <sup>th</sup>	8:30 pm	<i>Night Prayer</i>
Thursday 7 <sup>th</sup>	8:30 am	<i>Compass Group Morning Prayer</i>
Sunday 10 <sup>th</sup>		<b>Trinity 4</b>
	8:00 am	Communion
	10:00 am	Family/Pet Service
Tuesday 12 <sup>th</sup>	9:30 am	Communion

Wednesday 13<sup>th</sup>  
Thursday 14<sup>th</sup>  
Sunday 17<sup>th</sup>

8:30 pm *Night Prayer*  
8:30 am *Compass Group Morning Prayer*  
**Trinity 5**  
10:00 am Sung Eucharist  
3:00 pm **Worship at Howe Green URC**  
9:30 am Communion  
8:30 pm *Night Prayer*  
8:30 am *Compass Group Morning Prayer*  
**Trinity 6**  
10:00 am Morning Worship  
9:30 am Communion  
8:30 pm *Night Prayer*  
8:30 am *Compass Group Morning Prayer*  
**Trinity 7**  
10:00 am Sung Eucharist

Tuesday 19<sup>th</sup>  
Wednesday 20<sup>th</sup>  
Thursday 21<sup>st</sup>  
Sunday 24<sup>th</sup>

Tuesday 26<sup>th</sup>  
Wednesday 27<sup>th</sup>  
Thursday 28<sup>th</sup>  
Sunday 31<sup>st</sup>

### August

Tuesday 2<sup>nd</sup>  
Wednesday 3<sup>rd</sup>  
Thursday 4<sup>th</sup>  
Sunday 7<sup>th</sup>  
  
Tuesday 9<sup>th</sup>  
Wednesday 10<sup>th</sup>  
Thursday 11<sup>th</sup>  
Sunday 14<sup>th</sup>  
  
Tuesday 16<sup>th</sup>  
Wednesday 17<sup>th</sup>  
Thursday 18<sup>th</sup>  
Sunday 21<sup>st</sup>  
  
Tuesday 23<sup>rd</sup>  
Wednesday 24<sup>th</sup>  
Thursday 25<sup>th</sup>  
Sunday 28<sup>th</sup>  
  
Tuesday 30<sup>th</sup>  
Wednesday 31<sup>st</sup>

9:30 am Communion  
8:30 pm *Night Prayer*  
8:30 am *Compass Group Morning Prayer*  
**Trinity 8**  
10:00 am Sung Eucharist  
9:30 am Communion  
8:30 pm *Night Prayer*  
8:30 am *Compass Group Morning Prayer*  
**Trinity 9**  
8:00 am Communion  
10:00 am Morning Worship  
9:30 am Communion  
8:30 pm *Night Prayer*  
8:30 am *Compass Group Morning Prayer*  
**Trinity 10**  
10:00 am Sung Eucharist  
3:00 pm **Worship at Howe Green URC**  
9:30 am Communion  
8:30 pm *Night Prayer*  
8:30 am *Compass Group Morning Prayer*  
**Trinity 11**  
10:00 am Morning Worship  
9:30 am Communion  
8:30 pm *Night Prayer*

## Saint Andrew's Parish Church Contacts

Rector	Revd. Terry Brown* tgabrown@hotmail.com 01245 698988	
Church Wardens	Richard Cecil** Andy Horne*	224747 475279
PCC Secretary	Judy Cecil**	224747
PCC Treasurer	Nick Bobeldijk <sup>+</sup>	471756
Safeguarding Officer	Alison Read*	474858
Electoral Roll	Liz Bobeldijk	471756
Bell Ringing	Andy Horne*	475279
Tiny Tots	Alison Read*	474858
Flower Arranging	Lesley Worboys	224612
Organ	Cathie Horne	475279
Choir	Gill Haddington	476598
Magazine Editor	Richard Cecil**	224747
Parochial Church Council Members	as * above and Liz Bobeldijk, Colin Bryan <sup>+</sup> , David Farrar <sup>+</sup> , John Gruby, Christine Mennie <sup>+</sup> , and Janet Terry <sup>+</sup>	
Licensed to assist in the distribution of Holy Communion	As <sup>+</sup> above and Valerie Grimwood and Gill Hodge	

### Regular Events see centre pages for full details of worship.

2 <sup>nd</sup> Sunday of the month	8:00 am	Holy Communion in Church
Sundays	10:00 am	Morning Worship/Communion
Tuesdays	9:30 am	Holy Communion
	7:30 pm	Ringling Practice
Wednesday (Zoom)	8:30 pm	Night Prayer
Thursday (Zoom)	8:30 am	Compass Group Morning Prayer

The login details for all the above Zoom services can be found on the website (sandon-church.info) just prior to the meeting.

## St Andrew's, Sandon

[www.sandon-church.info](http://www.sandon-church.info)

Editor Richard Cecil  
Advertising Manager Claire Jefferies  
Editorial Team Valerie Grimwood  
Distribution Manager Alison Read

Please provide copy for June's magazine to the editor by 10<sup>th</sup> August 2022 magazine@sandon-church.info

We commended into God's care Alan Frederick Alexander Cook at his funeral on 1<sup>st</sup> March 2022



### Howe Green URC

It is a lovely sunny afternoon as I write this, so although I know that farmers, and gardeners, are wishing for some rain, I hope that the weather around the Jubilee Holiday will be sunny as there are so many events for us to join. As well as a Lunch at Christ Church on the Sunday, we have a Garden Party being organised for Howe Green residents on Thursday, and several



celebrations at St Andrew's or on the village Green. We will be taking part in these and I am sure there will be details of them elsewhere in this magazine.

At the Howe Green Chapel we plan to have a **Strawberry Tea on 25<sup>th</sup> June**, when things have calmed down a bit after the Jubilee, so do come and join us **from 3:00 pm**.

We are continuing with our monthly services, on the third Sunday of the month, so 19<sup>th</sup> Jun, 17<sup>th</sup> July, and 21<sup>st</sup> August we plan to be together with our Minister Revd Paul Stein for fellowship. These are in the afternoon at 3:00 pm.

*Pam Knott*



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## Transports of Delight

David Farrar sent me a file with 35 images under this heading. These ones fall into the category of ones I can remember!

*Richard Cecil*



## Sandon WI

On a cold and wet afternoon, Sandon WI met to hear Mike Worboys educational talk on the restoration project of the bells at St Andrew's Church Sandon. We learnt that the church tower was authorised by Cardinal Wolsey and built in 1520 with the oldest bells dating from 1653. We heard about the problems encountered taking all six bells down - the biggest bell weighs ½ ton - they had last been taken down in 1908. The community-led appeal was launched in April 2021 and was so successful that work could go ahead by November of the same year. When the bells were finally removed and lined up on the church path, they drew quite an audience of onlookers. It is hoped the bells will be rehung on 4<sup>th</sup> April. All the members agreed it was a most entertaining and informative talk. The vote of thanks was delivered by Fran.

In Sheila's words,  
*Beginnings*  
*I always wanted to be a writer. English - especially 'composition' - was my best subject at school, making up for all the subjects I was rubbish at! So writing stories was a hobby as far back as I can remember. As a teenager I scribbled lurid tales about teenage romance in sixpenny*

*notebooks for my classmates, and then wrote a lot of poetry, most of which fortunately never saw the light of day.*

*After my daughters were born, I wrote little children's stories for them, and my first paid publication was a short story for The Brownie magazine. This was followed by several more, including serials, and then stories for Today's Guide magazine. Then, in the 1990s, I entered and won two first prizes in short story competitions in Writers' News (now incorporated in Writing Magazine) and to my amazement and delight, I was awarded their Winner of Winners. This was the point when I decided to take myself more seriously as a writer. I began submitting stories to women's magazines and over the next decade or so, was lucky enough to have over 100 of them published.*

Sandon WI were entertained by the award-winning local author (from Galleywood) Sheila Norton who told us all about her career as a writer and how she came into it and the type of book that she writes. Sheila explained why her heroines are always over 40, proving that life doesn't stop at 39! She had brought some books with her for sale together with

cards with a synopsis of each book on them, giving an outline of what the subject of the book was, it's plot etc.

With tea and cake, and a raffle, altogether it was a most enjoyable afternoon.

*Monica Richardson*

"Wear loose clothes and put on flat shoes" and so we all did. Upon arrival if you didn't know what the programmes committee had booked; you could tell this meeting was going to be different to others we had attended. The programmes committee were just finishing their meeting and the chairs were in a circle. The urn was on and the cups and saucers were out ready to be filled.

There was certainly a buzz in the air. The Trading table was back and items were starting to fill the spaces. As members filed into the hall, it was busy. Tickets for the May lunch were being sold, while members were checking out the raffle prizes patiently waiting for their lucky tickets!

The Treasurers table also had a queue as April meeting is subs month, with most subscriptions now being carried out online.

This was the Institute to join, to be part of a group that's been around for over a 100 years and still going strong.

We settled into our seats and our lady president asked us all to join her by singing Jerusalem. Shortly after, out stepped Karen Lawrie and instructions were given for the music to be played. Who knew arm-chair exercise would be such good fun? The smiles around the hall were infectious! A very much enjoyable afternoon.

After all that exercise, we had the pleasure of tea and delicious cake - Heaven.

The raffle was drawn and prizes were chosen, Goodbyes were said.

Take care and look forward to seeing you next month.

*Julie Fisher*



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## Lesser Celandine

Apparently the Lesser Celandine is also known as the pilewort (perhaps a less attractive name) also in North America as the fig buttercup (surely better). Its appearance is widely regarded as a harbinger of spring.

A favourite of William Wordsworth who wrote;

*I have seen thee, high and low,  
Thirty years or more, and yet  
'T was a face I did not know;*



Wordsworth loved the lesser celandine so much (he wrote three poems to it) that he asked for it to be engraved on his tombstone in St Oswald's churchyard, Grasmere. A celandine duly appears on his memorial plaque in the church, but, oh dear — unwittingly, the artist chose the wrong celandine.

*Richard Simmonds*



## Christians Against Poverty

People in debt are suffering rising levels of loneliness and isolation as the cost-of-living squeeze hits, Christians Against Poverty (CAP) has warned.

The charity surveyed 750 of its clients for its latest study. It found that clients who were struggling with debt were often too worried

to answer the door, leave the house, or answer the phone. Statistics show that the numbers of people reporting loneliness or isolation had increased among those in debt since the end of lockdown.

Before coming to CAP for debt advice and support, 60% of

respondents said that they felt lonely — an increase from 51% of clients 18 months ago, when Covid restrictions were at their height.

About 40% of respondents said that they had not had a meaningful conversation in the past week: up from 31% 18 months ago; and 67% said that they had no one to turn to when they had a problem, a 6% increase.

68% said that they had been scared to answer the phone, and 55% were too frightened to answer a knock at the door.

One client, Jonathan, fell into debt after a family bereavement. "It was a very lonely and frustrating time," he said. "Even though I knew in my head that lots of people must struggle with debt, I felt like I was the only one — until I started engaging with CAP, and saw that wasn't the case. It definitely gave me hope that there was light at the end of the tunnel."

The Royal College of Psychiatrists has reported that more than half of people in debt are struggling with mental health.

CAP's helpline has experienced a significant rise in demand this year: there has been a 36%

increase in calls in the three months from January to March, the charity said, compared with 2021.

The director of external affairs at CAP, Gareth McNab, said: "For many of us, the easing of lockdown restrictions meant a thankful end to isolation; but for thousands of low-income families struggling in debt and poverty, the isolation and loneliness they feel is actually getting worse due to the cost-of-living crisis and mounting debts.

"Right now, we know many people are feeling isolated, scared, and forgotten as they struggle alone with their debts, not aware of the free help available. Alongside CAP's free debt help, we also offer emotional support, and life-skills courses to help people who feel isolated to connect with others and reduce loneliness.

"Living with the kind of constant anxiety that debt creates often leads to feelings of isolation and loneliness."

If you would like to contact them phone 0800 328 0006

*Compiled by Terry Brown*



## Sandon's Annual Sponsored Walk Saturday 18<sup>th</sup> June

**Morning Walk** Meet at 10:15 am  
Leave at 10:30 am from the  
Church car park

**Lunch** at 12 noon onwards in  
**The Crown**, Sandon

**Afternoon Walk from 2 to 4 pm**  
The walks are social events to  
raise money for Farleigh  
Hospice and Sandon Church.

Please let David know on 01245  
471484 what you wish to eat for  
lunch as our food will be  
pre-ordered from The Crown.

**Sponsor Forms:** Please get  
these from David Farrar who can  
be contacted as above by phone  
or by e mail on  
[davidfarrar1812@gmail.com](mailto:davidfarrar1812@gmail.com).

Many thanks.  
David Farrar

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## City Council Election

As many will know there was a  
by-election on 5th May for a third  
City councillor for the Ward of  
Little Baddow, Danbury and  
Sandon. The successful

candidate was Steph Scott. She  
can be contacted at  
[stephscott4ccc@gmail.com](mailto:stephscott4ccc@gmail.com) or  
01245 352872. I understand she  
lives in the ward in Little Baddow.  
*Provoked by Ian Wright*



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## Owd Ephraim - An East Anglian Character

As, dear reader, you probably already know, Pin Mill is an ancient hamlet a few miles up the tidal River Orwell on the Shotley peninsula in southern Suffolk. I tell you this because many years ago most of our weekends and holidays were spent on our modest little family sailing cruiser, Growler. We kept Growler moored at Burnham on Crouch and a favoured jaunt for many of Burnham's weekend sailors – like us – us was to sail up the coast to Pin Mill and moor, a short rowing distance in a dinghy, from the popular waterside pub, the Butt and Oyster. In fact, one might argue that the Butt (for short) with its eclectic mix of locals and visitors identifies Pin Mill.

It must have been in the early sixties that David and Sheila Miller two 'townie' sailing friends, who during the week lived and worked in London, had rented an former fisherman's cottage at Pin Mill, for the summer. Being 'townies' the Millers were not familiar with the types of creepy-crawlies which are common in the wilder parts of East Anglia. On arriving at the cottage one Friday evening Sheila was horrified to find that a frighteningly large black beetle (its shell was around one and a quarter inches long)

had found its way into the kitchen and died, presumably of malnutrition\*. Once over the shock and wishing to know the identification of what was to her, a very unusual creature. David found a suitable 'coffin' for the insect, pending further investigation by a local expert who doubtlessly could be found supping in the Butt.

Enter local 'character' Ephraim. Most evenings, from opening to closing time, Ephraim occupied a bench in The Butt. Over the years, Ephraim had earned his living in a number of manual jobs including 'on the land' and occasionally acting as 'mate' aboard Thames sailing barges (he always wore a postman's peaked cap – complete with red piping - as the nearest he could get to looking like a barge skipper). Short and wiry, at the time I would estimate Ephraim's age at around late seventies with weather-beaten facial features and a droopy Edwardian moustache. To complete this profile Ephraim spoke with a dialect and accent which was unmistakably old, rural and East Anglian. Although well past retirement age he owned a hand cart and was self-employed as the hamlet's 'night bucket' man for the many cottages which were

not yet equipped with 20<sup>th</sup> century sanitation.

Sheila should have taken the coffined beetle to the Butt but unfortunately she left it at home. After filling Ephraim's beer glass Sheila described the big black beetle and asked him if he could identify it from her description but Ephraim wanted actually to see the beetle to make a positive identification. He suggested that when they had finished at the Butt, they would all repair to the Millers' rented cottage where he would identify the mysterious insect\*.

At closing time and with Ephraim having consumed many more 'free' pints, the trio tottered off to the Millers' cottage for the grand identification. As they entered the cottage Ephraim spotted a bottle of whisky on a shelf, "is that whisky?" he said. "Yes" said Sheila, "would you like one?" A cunning question and a silly answer.

As Sheila poured the whisky, she also produced the beetle for inspection and identification. Ephraim ignored the beetle and continued unloading his inexhaustible fund of bucolic yarns: this was to be the pattern of events until Ephraim's glass had been re-charged several

more times. With the bottle reduced to below the halfway mark Sheila at last became more assertive; she put the whisky out of sight and pushed the beetle to the fore and almost demanded Ephraim to identify the creature. Ephraim could no longer prevaricate. For a minute or more he carefully examined the beetle while uttering plenty of 'umms and ahhs'. Eventually when he could 'hide' no longer, Ephraim said, hesitatingly, while searching his grey matter for a cogent identification, "dew yew know what we call thet?" "No, no", said Sheila, breathless with excitement at the prospect of at last getting an answer to her question; "what is it?" Slowly, while still searching for a plausible answer, Ephraim said; "We call thet (long pause) we call thet (another long pause) a big owd bleck beetle". A very costly diagnosis – and perhaps a lesson learnt that old rustics are not as guileless as they might seem.

*Bernard White*

*\*Footnote.* From Sheila's description BOBB was almost certainly a Dor (or Dung) Beetle (*geotrupes stercorarius*); a species which provides a service in the countryside (consuming cowpats etcetera) - a service that could be described as broadly similar to that carried out by Ephraim with his handcart.



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## Recipe Simple Red Lentil and Pumpkin Dal

### Ingredients

3 tbsp rapeseed or sunflower oil,  
2 tsp chilli flakes  
1 onion, finely chopped  
a good squeeze of ginger paste  
500 g pumpkin peeled and cut into 2.5 cm chunks  
2 tsp ground cumin  
½ tsp ground turmeric  
150 g chopped fresh tomatoes  
225 g dried red lentils  
3 garlic cloves, crushed  
3 tbsp chopped coriander leaves (or use garlic paste)  
salt and pepper

Heat half the oil in a heavy based saucepan and fry the onion until golden brown. Heat the rest of the oil in a frying pan and sauté the pumpkin until the pieces are golden all over.

Add the tomatoes to the onion and cook for another 4 minutes, then add the garlic and spices and cook for 2 minutes, stirring a little. Add the lentils and pumpkin to the onion and pour on 1 litre of water. Season (this needs plenty of salt) and bring to the boil. Reduce the heat and cook for 20 minutes, until the lentils have collapsed and the pumpkin is tender. The mixture should be thick.

Check the seasoning. Serve with the coriander on top, if you like it. Eat with rice or nan bread and offer yoghurt on the side.

*Recipe provided by Narelle Arnold from 'Simple' by Diana Henry*



Terry is offering a £5 prize for the best caption received at [caption@sandon-church.info](mailto:caption@sandon-church.info) by 31<sup>st</sup> July.



Sid Bolan Big Band in Cherries Farm barn for the Friends of Sandon Church on 30<sup>th</sup> April which raised about £1000.





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